



Taking a stroll through the provider community: CHEEERS



CHEEERS (Center for Health Enlightenment Enrichment Empowerment Renewal Services) has been providing consumer-run, consumer-driven recovery oriented behavioral health services for more than 20 years to people diagnosed with a psychiatric disorder or behavioral challenges. Serving more than 250 recipients (members) each month, the CHEEERS facility located at 1950 W. Heatherbrae Dr., in Phoenix, is dedicated to helping people achieve their goals by equipping them with the skills, tools and knowledge to achieve their desired outcomes. CHEEERS is home to 27 staff members, all of whom are peers who have personal experiences living with a serious mental illness.

Open seven days a week, the 6,500 square foot facility offers breakfast, lunch and snacks daily; Thursday night dinner; a plethora of self-help and informational support groups; and a market that provides members with food, hygiene items, and clothing. In addition, members have access to CHEEERS' [GED](#), life

skills development and health and wellness programs – all of which are free of charge to members! The facility is also equipped with a high-definition screen that plays movies, a pool table and a ping-pong table for members to enjoy.

“CHEEERS provides an environment that enlightens, enriches, and empowers those who actively participate in our expanding recovery based programs and services,” said Mitchell Klein, CEO of CHEEERS.

To further expand their mission of engaging its members to participate in meaningful daily activities, CHEEERS offers off-site activities through their “Out N’ About” program. In March, staff and members enjoyed movie night, bowling, a St. Patrick’s Day social, trips to the IMAX and Japanese Gardens, a tour of the Krispy Kreme & Chocolate Factory and paid a visit to Goldfield Ghost Town.

“We see those who partake in and utilize our programs and services engaging in meaningful and fulfilling lives and relationships, and by so doing will be active participants and positive contributors in the world around them,” said Klein.

To learn more about CHEEERS, please visit www.CHEEERS.org.